

JUNE 21
ROCHESTER
RECREATION CENTER
150 WAKEFIELD ST,
ROCHESTER, NH 03867

Sunday, June 21st

1:00—2:30 PM

Limited Class Size

***You must attend the
SKIF Karate Seminar in
order to participate in
this class.**

**Seminar Special
Discount Price
Bo Poster
of
Kanazawa Kancho
&
Nobuaki Sensei
-Also-
DVD
Featuring:
Kanazawa
No Bo Kata Dai,
No Bo Kata Sho
Jitte No Bo Kata
&
Bunkai**

**No Video Taping of
this event is allowed.**

Mike Cook Sensei

Phone:

Work: 207 778-0413

Cell: 207 491-5874

E-mail: gunnermfc@gwi.net

KANAZAWA KANCHO

No Bo Kata SEMINAR 2009

Rochester, NH

June 21, 2009



REGISTRATION FORM

(print clearly)

Name: _____ Date of Birth: _____

Address: _____

City, State, Zip Code: _____

Phone: _____

Home Dojo: _____ Rank: _____

* _____ **No Bo Kata Seminar: \$40.00***

There will be a limited selection of Bo for sale—please remember to bring your own.

After 6/10/09

Make Payment to:

Add \$15.00 to fee.

Maine Shotokan Karate Association

PO Box 549

Farmington, ME 04938

Waiver and Release of Liability

I, (Print Name) _____, intend to participate in the above open No Bo Kata Seminar with Master Hirokazu Kanazawa/Nobuaki Sensei/Seamus O'Dowd Sensei sponsored by SKIF-USA, New England Shotokan Karate-do, Maine Shotokan Karate Association and/or Rochester Shotokan Karate Club. I hereby acknowledge that there are possible risks of bodily injury involved in participating in the special training and related activities. I hereby accept such risks and waive and release any and all claims and expenses (including but not limited to attorney fees, claims for damages, medical expenses, litigation and other costs, etc.), either known or unknown, now existing or arising in the future, that I may have of whatever kind or nature against any organizer, director, member, instructor, owner or anyone else involved in any way with this open course and associated activities, including but not limited to SKIF-Japan, SKIF-USA, New England Shotokan Karate-do, James P. Shea, Maine Shotokan Karate Association, Michael F. Cook, Rochester Recreation Shotokan Karate Club, Steven D. Warren, Seamus O'Dowd Sensei, and/or Rochester Recreation Center, and the City of Rochester, New Hampshire. I fully understand signing this participation waiver and release.

I further agree that any pictures taken of or by me in connection with this open Karate-do course may be used for publicity or promotion or for personal use by the organizers of this event without compensation to me.

Signature (Parent/guardian if under 18 yrs of age)

Date