



Spring 2013 SKIF-USA Karate-do SEMINAR Rochester, NH March 29 & 30

SPRING 2013 SKIF-USA
KARATE-DO SEMINAR
MARCH 29 & 30

GUEST INSTRUCTOR
PAUL WALKER SENSEI
SEISHIN SHOTOKAN
KARATE

AUTHOR - *LESSONS WITH
THE MASTER - 279*
LESSONS WITH MASTER
KANAZAWA

SKIF Brown & Blackbelt only

Friday, March 29th
6:30 - 8:15 PM

Kata, Kumite, Kihon
&

Saturday, March 30th
8:30 AM - 9:45 AM

Interactive Classroom
Session

Open to all levels

Saturday, March 30th

10:00 AM to 11:45 AM

1st seminar session
&

12:30 PM to 2:15 PM

2nd seminar session

Send Payment TO:

Maine Shotokan Karate Association
PO Box 549
Farmington, ME 04938

Contact: Mike Cook Sensei

Work: 207 778-2777

Cell: 207 491-5874

gunnermc@myfairpoint.net

REGISTRATION FORM—PRINT CLEARLY

Name: _____

Address: _____

City, State, Zip Code: _____

Phone: _____ Age: _____

Email: _____

Home Dojo: _____ Rank: _____

*All classes will be held at Steve Warren Sensei's Dojo
2nd floor of the Rochester Recreation Center—side entrance.
150 Wakefield St, Rochester, NH 03868*

Waiver and Release of Liability

I hereby submit my application for participation in the Spring 2013 SKIF Seminar. I hereby acknowledge that there are possible risks of bodily injuries involved in participating in this event. I hereby waive and release any and all claims, causes of action, losses, damages, costs and expenses, including but not limited to attorney fees, either known or unknown, now existing or arising in the future, that I may have of whatever kind or nature against any event organizer, instructor, or anyone else involved in anyway with this event. . . I hereby accept such risks and waive and release any and all claims and expenses (including but not limited to attorney fees, claims for damages, medical expenses, litigation and other costs, etc.), either known or unknown, now existing or arising in the future, that I may have of whatever kind or nature against any organizer, director, member, instructor, owner or anyone else involved in any way with this open course and associated activities, including but not limited to SKIF-Japan, SKIF-USA, New England Shotokan Karate-do, James P. Shea, Maine Shotokan Karate Association, Michael F. Cook, Rochester Recreation Shotokan Karate Club, Steven D. Warren, and/or Rochester Recreation Center, Paul Walker, Seishin Shotokan Karate and the City of Rochester, New Hampshire. I fully understand signing this participation waiver and release.

Signature _____ Date: _____

Guardian: _____ Date: _____

PLEASE REGISTER ME FOR :		Cost
	Brown & Blackbelt : Friday Night/Saturday Morning Classroom (price includes Instructor training hand-out packet)	\$22.50
	All Levels—March 30th Adult SKIF Member	\$50
	All Levels—March 30th - Youth (15 years old and younger)	\$35
Total Enclosed		\$
Please make checks payable to: MAINE SHOTOKAN KARATE ASSOCIATION <i>ALL registrations and proper payment MUST be received by Tuesday 26 March pre-paid event...No registrations at the door, NO EXCEPTIONS</i>		