

2010 SKIF Annual Instructor Training Seminar

Saturday, 20 March

10:30 A.M. to 12:30 P.M. & 1:00 P.M. to 3:00 P.M.
Greenwood Center Gym Longmeadow, Mass
(next town over from Springfield MA)

Four great hours of SKIF training and learning
\$40.00 for adults (18 yrs and older)
\$30.00 for 17 yrs and under

Presented by Jim Shea, Mike Cook, and Steve Warren Sensei Open to Brown and Blackbelt only - Kids and Adults - if you are an SKIF Brown or Blackbelt, this training session will help you immensely!!! ...Come learn with us...Pick up some tips to help you personally...and if you are running a Dojo...gain some new ideas...all participants will receive... a new packet of "Limited Edition" handouts for your Instructor's Notebook...they're worth their weight in gold... only available to attendees!

(This is an SKIF Karate-ka event only.)

This is a truly remarkable opportunity to pick up new ideas, hone your skills, polish your techniques. Undo, Kihon, Kata, Kumite, Rules, First Aid, Tid Bits, Info on where to go for answers etc. !!

REGISTRATION FORM

Name _____

Address: _____

Phone: _____ SKIF-USA Membership #: _____

Home Dojo: _____ Rank: _____

Adults

_____ \$40.00

Youth (17 years and younger)

_____ \$30.00

Make payment to: Maine Shotokan Karate Association
PO Box 549, Farmington, ME 04938

Waiver and Release of Liability

I hereby submit my application for participation in the SKIF 2010 Annual Instructor Training Seminar. I hereby acknowledge that there are possible risks of bodily injuries involved in participating in this event. I hereby waive and release any and all claims, causes of action, losses, damages, costs and expenses, including but not limited to attorney fees, either known or unknown, now existing or arising in the future, that I may have of whatever kind or nature against any event organizer, instructor, or anyone else involved in anyway with this event.

Signature: _____ Date: _____

Guardian: _____ Date: _____